

Will the pharmacist always be able to help me?

Your pharmacist is a highly trained healthcare professional who can provide expert, confidential advice on common health problems and the best medicines to treat them.

As part of this programme he/ she will be following set guidelines to ensure you get the best possible care for your condition. This means sometimes he/ she may recommend that you need to see a GP rather than receive the treatment you require from him/ her.

When you see your Pharmacist for one of the highlighted ailments, he/ she is providing treatment and/or advice for the symptoms you have described.

If your symptoms persist you should seek further advice from your GP. **Take this leaflet with you to your doctor** so that he/she knows which pharmacy you have attended.

Please note you may be contacted for your views on this Scheme by NHS personnel.



Pharmacy Stamp or Label (where appropriate)

Advice may also be obtained from:

NHS DIRECT

☎ 0845 4647 or at

www.nhsdirect.nhs.uk

For any queries regarding this Scheme, please contact:-

Mrs Susie Coates
Pharmacy Development Manager
NHS SHEFFIELD
722 Prince of Wales Road, Darnall
SHEFFIELD S9 4EU Tel: 305 1132



Are your prescriptions free?

If so, when you suffer from ailments, such as:

Athletes Foot, Chicken Pox, Cold Sores, Constipation, Cough, Diarrhoea, Hay fever, Head Lice, Headache, Indigestion, Insect bites, Nappy rash, Sore throat, Toothache, Thrush*

your pharmacist can offer advice and free treatment



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* See inside for full list of ailments covered

Pharmacy - Minor Ailments Scheme

If you get free prescriptions, you don't need to wait to see the doctor when you have any of the following ailments.

You can get advice and treatment from your pharmacist for free:

Athletes Foot
Chicken Pox
Cold Sores
Conjunctivitis: Acute bacterial
Constipation
Cough
Dermatitis
Diarrhoea
Dysmenorrhoea
Haemorrhoids
Hay Fever
Head Lice
**Headache / Earache / Temperature/
Dental Pain**
Indigestion / Heartburn / Tummy Upset
Insect Bites and Stings
Mouth Ulcers
Nappy Rash
Nasal Congestion
Pruritus
Sore Throat
Teething
Threadworm
Thrush (inc Oral Thrush)
Toothache

Am I eligible for the Scheme?

Yes - if you

- are registered with a Sheffield GP;
- have current exemption from prescription charges;
- are suffering from one of the conditions listed.

Can I go to any Pharmacy?

Almost every pharmacy in Sheffield provides this service, you'll probably see these leaflets and posters on display in there to show you that they do.

What do I have to do next?

Go straight to your pharmacy. The Pharmacist will see you without an appointment (but remember they're busier when GP practices are open).

The Pharmacist will need the name of your Sheffield GP and to see proof that you are exempt from prescription charges.

If you do not show this evidence the Pharmacist will still see you and will check your exemption at a later time.

What will the Pharmacist ask?

You will be asked questions about your

symptoms. These will include details about other medication you are currently taking and details about your illness.

This is to make sure that the medicines you are given are suitable for you. All details given to the Pharmacist are confidential.

Will I always get medicine?

You may not need any medicines. If this is the case the Pharmacist will give you advice on how best to deal with your symptoms.

If it is appropriate the Pharmacist will give you medicine. This medicine is only for you, it may not be right for anybody else even if they have similar symptoms.

The Pharmacist will also tell you the best way to take the medicine and other ways to help manage your ailments.

You will be required to sign the back of the Pharmacist's prescription form.