

## Sheffield Mental Health Partnership Board Priorities for 2010/11

The following is a statement of the Mental Health Partnership Board's priorities for 2010/11. It has been developed within the framework of the Sheffield Strategy for Mental Health and Well Being, 2009. It focuses on resources available to the statutory agencies and provides a framework for action by those agencies in 2010/11. It is recognised that **voluntary sector agencies** bring wider resources to bear on mental health, and contribute to the achievement of the Sheffield Strategy through other activities. Many of the actions proposed in this document do not depend on the availability of resources, but progress on some may be affected by the **changing resource position**. The document does not specifically refer to **workforce development**, but this is of course a priority that needs to underlie all others.

### Strategic Direction

Priority	Action	Timescale	Lead Officer
Ensure that service users and carers are involved in the planning and development of services	<ul style="list-style-type: none"> <li>Continue to develop service users and carer involvement in the Mental Health Partnership Board</li> </ul>	March 2011	PS/ TN/ ST
	<ul style="list-style-type: none"> <li>Hold a stakeholder conference during the year</li> </ul>	March 2011	PS/ TN/ ST
Make sure people with a dual diagnosis can access high quality mental health services.	<ul style="list-style-type: none"> <li>Develop an agreed approach to improving services in the main areas of dual diagnosis, ie substance misuse, learning disabilities and long-term neurological conditions</li> </ul>	June 2010	TN/ ST
Improve the physical health of people with mental health problems and address the mental health needs of people with physical illness	<ul style="list-style-type: none"> <li>Review action plan at Strategy Implementation Group</li> </ul>	June 2010	TN/ ST/ GMcC

**Mental Health Promotion and Social Exclusion**

Priority	Action	Timescale	Lead Officer
Local Area Agreement employment target	<ul style="list-style-type: none"> <li>Implement eight point action plan to increase the proportion of people in touch with secondary mental health services in employment</li> </ul>	On-going	SP/GMc
Promote good mental health	<ul style="list-style-type: none"> <li>Within resources devise local plans for World Mental Health Day events, including Positive Steps campaign</li> <li>Revise Mental Health Promotion Action Plan in response to 'New Horizons' public health guidance when issued (<b>include a focus on managing money and debt</b>)</li> <li>Build on 'exposed' magazine information /enhance use of media to provide health messages</li> <li>Develop mental health promotion strand as part of citywide Health Inequalities Plan</li> </ul>	October 2010  April 2010  On-going  April 2010	GMc/JSo  GMc/JSo  GMc/JSo  GMc/JSo
Reduce stigma around mental illness	<ul style="list-style-type: none"> <li>Local action to support national Time to Change campaign</li> <li>Roll out Mental Health First Aid training with broad engagement including black and minority ethnic</li> </ul>	October 2010  On-going	LJ  JSo

**Primary Care and Access to Services**

<b>Priority</b>	<b>Action</b>	<b>Timescale</b>	<b>Lead Officer</b>
Ensure good access to psychological therapies in primary care	<ul style="list-style-type: none"> <li>Continue the development of IAPT</li> </ul>	On-going	TF/ KLaw/ MCS
Ensure that service provision is based on clear care pathways	<ul style="list-style-type: none"> <li>Complete and evaluate the Central Consortium pilot</li> <li>Sheffield Health and Social Care Trust to complete the development of a non-urgent care pathway</li> </ul>	September 2010  September 2010	MK/ RB  GH
Ensure that the geographical distribution of mental health services corresponds more closely to need	<ul style="list-style-type: none"> <li>Consider as part of on-going work on Joint Strategic Needs Assessment</li> </ul>	On-going	SP
<b>Improve access to effective help for people with eating disorders, including those with mild to moderate problems</b>	<ul style="list-style-type: none"> <li>Develop and implement a business case to improve the eating disorders care pathway</li> </ul>	March 2011	TN

**Services for People with Severe Mental Illness**

<b>Priority</b>	<b>Action</b>	<b>Timescale</b>	<b>Lead Officer</b>
Implementing Self Directed Support	<ul style="list-style-type: none"> <li>Phased roll out of Self Directed Support across the four community mental health team localities</li> </ul>	Sept 2010	GH
Develop a plan to increase supported accommodation for people with significant	<ul style="list-style-type: none"> <li>Agree plan between Sheffield Health and Social Care Trust, Communities and Housing Solutions that</li> </ul>	Dec 2010	GH/ ST/ AE

mental health problems	will increase number of places in supported accommodation within the next two years		
Further developing recovery approaches - community recovery service, developing recovery ward, café at Grenoside Grange	<ul style="list-style-type: none"> <li>• Community recovery service launched in line with the new service specification</li> <li>• Pinecroft ward developed as a recovery ward</li> <li>• Development of vocational service and café at Grenoside</li> </ul>	April to June 2010 Current June 2010	MB GH AC
Increasing access to cognitive behavioural therapy and family therapy for those with psychosis	<ul style="list-style-type: none"> <li>• Increase in community mental health team staff trained in delivering cognitive behavioural therapy</li> <li>• Family Interventions services established</li> </ul>	Sept 2010 May 2010	SM SD
Develop the work on the reconfiguration of acute care to improve the quality of services	<ul style="list-style-type: none"> <li>• Develop further proposal around alternatives to hospital admission</li> <li>• Work on improving the environment</li> <li>• Identify options for reducing usage of out of town PICU</li> </ul>	March 2011 March 2011 March 2011	CC CC TK
Develop talking treatments to deliver services in line with NICE guidance.	<ul style="list-style-type: none"> <li>• Specialist clinics in place for Anxiety, Depression, Personality Disorder, Obsessive Compulsive/Body Dysmorphic Disorder</li> </ul>	Sept 2010	CC
<b>Work to make mental health services more responsive to the needs of women with children</b>	<ul style="list-style-type: none"> <li>• Develop a specification for maternal mental health</li> </ul>	March 2011	JC/ KL

**Caring about Carers**

Priority	Action	Timescale	Lead Officer
Assess effectiveness of carers' services in the light of strategic developments	<ul style="list-style-type: none"> <li>• Ensure that current provision is fit for purpose and meets carers' needs - <b>as identified in the city-wide Carers' Strategy</b></li> <li>• In the roll out of personalised budgets, ensure that the carer's voice and experience influences on-going development of these services</li> </ul>	On-going	JoH
Provide better information and advice for carers	<ul style="list-style-type: none"> <li>• Through the carer's assessment process, the Sheffield Health and Social Care Trust website, the Sheffield Mental Health Guide, regular drop-in / information sessions for carers, black and minority ethnic accessible information</li> <li>• Information about how to access mental health services in Your Sheffield, as part of the Time to Change campaign</li> </ul>	Throughout the year	JoH
Strengthen the carers' voice in service delivery and development	<ul style="list-style-type: none"> <li>• Have 3 carer representatives on the Board and maintain carers' involvement in the Carers' Group</li> <li>• Organise a Carers' Event</li> <li>• Undertake carers' satisfaction surveys</li> </ul>	Throughout the year	JoH

**Preventing Suicide 2010-11**

Priority	Action	Timescale	Lead Officer
Have a robust suicide audit process	<ul style="list-style-type: none"> <li>• Convene Suicide Audit Group twice annually and produce annual data</li> <li>• Strengthen dissemination of findings and learning</li> </ul>	On-going  Ongoing	JSo  JSo
Refresh the Suicide Prevention Strategy and implement	<ul style="list-style-type: none"> <li>• Refresh completed</li> </ul>	April 2010	GMc/ JSo
Reduce risk for patients of mental health services	<ul style="list-style-type: none"> <li>• Sheffield Health and Social Care Trust to carry out National patient Safety Agency audit</li> </ul>	tbc	tbc
Raise awareness of suicide in population	<ul style="list-style-type: none"> <li>• Broad roll-out of Mental Health First Aid programme</li> </ul>	Ongoing	JSo
Establish annual training in risk assessment and risk management for staff in the voluntary and community sector	<ul style="list-style-type: none"> <li>• Continue rolling programme of training events at VAS and through Brockwood</li> <li>• Consider need for training for other community health workers</li> <li>• Engage with Universities re risk awareness within health training</li> </ul>	4 half days  Dec 2010  Dec 2010	MK  MK/ JSo  JSo

### Improving Mental Health Services for Black and Minority Ethnic Communities

Priority	Action	Timescale	Lead Officer
Equality of access	<ul style="list-style-type: none"> <li>• Reassessment of needs information for Joint Strategic Needs Assessment 2010-11</li> <li>• Establish a consistent approach to utilising demographic and service data in Sheffield Health and Social Care Trust service areas and teams to inform service delivery and governance</li> <li>• Partnership working on innovative service delivery practice, particularly with regard to black and minority ethnic elders:               <ul style="list-style-type: none"> <li>– Work with day services to pilot drop in at Medina Mosque</li> <li>– Work with Muslim Elders – programme of awareness raising sessions re elderly mental health services</li> <li>– Carers' drop-in Pakistani Advice centre</li> </ul> </li> </ul>	<p>Dec 2010</p> <p>Sept 2010</p> <p>May 2010</p> <p>May 2010</p> <p>May 2010</p>	<p>ST/TN</p> <p>LJ</p> <p>PA</p> <p>PA</p> <p>PA</p>
Community Engagement	<ul style="list-style-type: none"> <li>• Engagement through partnership work with community organisations to support delivery of: mental health promotion, prevention and self-help, and awareness raising through:               <ul style="list-style-type: none"> <li>– Health events and consultations: Pakistani Muslim Centre, Men's and Women's events; Irish Festival; International Women's Day; Community Radio (Radio Ramadhan)</li> <li>– Health Living Workshops</li> </ul> </li> </ul>	Sept 2010	PA

	<ul style="list-style-type: none"> <li>– Delivery of Mental Health First Aid</li> <li>• Partnership with <i>Right Here</i> initiative – focus on 16 – 24 year olds including black and minority ethnic targeted courses and workshop with North East Community Assembly</li> <li>• Increase involvement of black and minority ethnic communities in service user activities in Sheffield Health and Social Care Trust</li> </ul>	<p>Sept 2010</p> <p>Dec 2010</p>	<p>PA</p> <p>LJ</p>
Increasing level of confidence in services	<ul style="list-style-type: none"> <li>• Work with services to increase their understanding, competence and access to different community groups through: <ul style="list-style-type: none"> <li>– Delivering race equality training to senior practitioners</li> <li>– Child and adolescent mental health services cultural competence training workshops</li> </ul> </li> <li>• Care pathway review on service users with regular admissions to inpatient services</li> </ul>	<p>January 2011</p> <p>March 2011</p>	<p>PA</p> <p>CC/ LJ</p>

**Older People's Mental Health** (drawn from the Joint Commissioning Plan for Older People with Mental Health Needs (2009 – 11)  
**Older People's Partnership Board Leading on Implementation**

Priority	Action	Timescale	Lead Officer
Good quality early diagnosis and intervention for people with dementia (National Dementia Strategy Objective 2)	<ul style="list-style-type: none"> <li>Review existing memory service to reduce waiting times</li> </ul>	Dec 2010	SB
Improved community personal support for people with dementia (National Dementia Strategy Objective 6)	<ul style="list-style-type: none"> <li>Continue the re-configuration of dementia services</li> <li>Continue the expansion specialist mental health home support service within Care For You</li> </ul>	March 2011 March 2011	HW HW
Improved quality of care for people with dementia in general hospitals (National Dementia Strategy Objective 8)	<ul style="list-style-type: none"> <li>Development of an appropriate response at Accident and Emergency for people with dementia</li> <li>Improved experience for people living in hospital through training and improved pathways</li> </ul>	March 2011 March 2011	SB SB
An appropriate range of services to enable people with a functional mental illness to remain at, or near, home for as long as is appropriate, reducing admission to hospital and care homes	<ul style="list-style-type: none"> <li>Review the existing model of support in the community for older people with a functional mental illness</li> </ul>	On-going	SB/ HW
A skilled workforce in all sectors to support people with mental health needs and their carers	<ul style="list-style-type: none"> <li>Train staff in all organisations in the recognition and management of mental health problems in older people</li> </ul>	On-going	SB/ HW

**Children and Young People's Mental Health  
0-19 Partnership Board Leading on Implementation**

Priority	Action	Timescale	Lead Officer
Evaluate and review the Child and Adolescent Mental Health Strategy 2007-10 and replace with a city-wide Emotional Well Being Strategy for Children and Young People in Sheffield	<ul style="list-style-type: none"> <li>• Undertake a full evaluation of the Strategy and produce a final report on the achievements</li> <li>• Undertake a full consultation on the development of an Emotional Well Being Strategy</li> <li>• Agree a new Partnership Strategy with the 0-19 Children's Trust</li> </ul>	Sept 2010  Dec 2010  Dec 2010	AE  AE  AE
Develop sustainable Tier 2 provision for children and young people's mental health	<ul style="list-style-type: none"> <li>• Evaluate current primary care mental health service</li> <li>• Implement Tier 2 review findings</li> <li>• Develop a commissioning plan to build a sustainable commissioning framework for Tier 2 provision</li> </ul>	Dec 2010  Dec 2010  Dec 2010	AE/ KL  AE/ KL  AE/ KL
Implement the findings of the review of Tier 3 services including ensuring age appropriate provision is in place and improving the joint commissioning arrangements	<ul style="list-style-type: none"> <li>• Agree specifications for all Tier 3 services (Multi Agency Protection Service, forensic, community child and adolescent mental health services and community learning disability service) including activity planning, reporting mechanisms, mobilisation plans and performance monitoring</li> </ul>	June 2010	KL/ AE
Monitor levels of use of Tier 3 and 4 provision and develop plans for a reduction in highly specialised treatment where clinically safe and appropriate, ensuring the skill mix of wider	<ul style="list-style-type: none"> <li>• Define the roles of wider Multi Agency Support Teams in supporting the emotional wellbeing and mental health of children</li> </ul>	Sept 2010	KL/ AE

<p>teams within children's and families is fully utilised.</p> <p>Ensure child and adolescent mental health and emotional well-being is everyone's business</p>	<ul style="list-style-type: none"> <li>Develop robust performance management frameworks for all child and adolescent mental health services provision</li> </ul>	Sept 2010	KL/ AE
<p>Implement and mobilise the new Tier 4 provision to improve the outcomes, service model and environment for children and young people in Sheffield</p>	<ul style="list-style-type: none"> <li>Implement commissioning framework with Specialised Commissioning Group</li> <li>Mobilise service via project board</li> </ul>	Dec 2010	KL

Initials	Name	Post
TN	Tony Nuttall	Mental Health Strategy and Specification Manager, NHS Sheffield
ST	Steve Todd	Mental Health Commissioning Manager, Sheffield City Council
PS	Pam Stirling	Executive Director of Strategy, Sheffield Health and Social Care Trust
GmcC	Gary McCulloch	Public Health Specialist, NHS Sheffield
SP	Sheila Paul	Consultant in Public Health Medicine, NHS Sheffield
JSo	Janet Southworth	Health Improvement Manager (Mental Health), NHS Sheffield
LJ	Liz Johnson	Sheffield Health and Social Care Trust
TF	Tim Furness	Deputy Director of Strategy, NHS Sheffield
MCS	Marie Claire Shankland	Director of Improving Access to Psychological Therapies, Sheffield Health and Social Care Trust
KLaw	Ken Lawrie	Director of Commercial Relations, Sheffield Health and Social Care Trust
MK	Mark Knowles	Mental Health Locality Manager, NHS Sheffield
RB	Richard Bulmer	Service Director, Acute and Community Services, Sheffield Health and Social Care Trust
GH	Guy Hollingsworth	Service Director, Recovery and Rehabilitation, Sheffield Health and Social Care Trust

AE	Ann Ellis	Housing Solutions, Sheffield City Council
MB	Mark Bell	Deputy Service Director, Recovery and Rehabilitation, Sheffield Health and Social Care Trust
AC	Angela Carradice	Sheffield Health and Social Care Trust
SM	Sheena Mansell	Sheffield Health and Social Care Trust
SD	Steve Day	Sheffield Health and Social Care Trust
CC	Clive Clarke	Executive Director, Sheffield Health and Social Care Trust
TK	Tim Kendall	Medical Director, Sheffield Health and Social Care Trust
JC	Jan Cubison	Clinical Service Manager, Perinatal Mental Health Service, Sheffield Health and Social Care Trust
JH	Jo Henderson	Commissioning Officer for Adult Mental Health, Sheffield City Council
HW	Howard Waddicor	Commissioning Officer (Older People), Sheffield City Council
SB	Sarah Burt	Strategy and Specification Manager, Older People, NHS Sheffield
KL	Kate Laurance	Childrens Services Strategy and Specification Manager, NHS Sheffield
AE	Andy Ellis	Joint Commissioning Manager for Child and Adolescent Mental Health Services, Sheffield City Council